

The Puerto Rico Family Adventure Checklist

San Juan Urban Exploration

- All-terrain stroller with large rubber wheels (crucial for Old San Juan cobblestones)
- Clip-on battery-operated fan for the stroller
- Comfortable, closed-toe walking shoes for historic fort exploration

Beach Readiness & Water Safety (Luquillo & Isla Verde)

- Non-nano zinc oxide sunscreen (reef-safe and legal)
- UPF 50+ rash guards for infants and toddlers
- Reusable, insulated water bottles
- Pop-up beach tent or lightweight sun canopy
- Water shoes for rocky reef areas and bioluminescent bay tours

El Yunque Rainforest Excursions

- Lightweight, breathable rain jackets
- Wet bags or heavy-duty plastic bags (for packing out trash and storing wet swimsuits)
- Child-safe mosquito repellent

Digital Logistics & Documentation

- *City Experiences* app downloaded and account created (for Culebra or Vieques ferry tickets)
- *Recreation.gov* reservation QR codes saved offline (for El Yunque entry)
- Digital and physical copies of birth certificates (often required for infant domestic flights)